



Summer Camp Guide 2015

HERNDON-VA.GOV
703-787-7300

Registration Starts
For Town Residents Wednesday, April 29
Non-Town Residents Tuesday, May 5



Make it a Fun-Tastic Summer

The Herndon Parks and Recreation Department can help create a great summer for your child filled with friends, great experiences, and new & improved skills. Our camps are designed to provide entertainment and enrichment for a few hours a day, half-day, or for full-day camp.

Registration: Summer Camp registration begins on Wednesday, April 29 for Town of Herndon (TOH) residents and Tuesday, May 5 for non-TOH residents. Start early to obtain your account and password information if this is your first time registering online with the department. Visit herndon-va.gov and click on **Parks and Recreation** to get started. More programs and camps will be listed in the *Herndon Parks and Recreation Summer Program and Events Guide*, which will be available by April 11.

Forms: The camp description lists the required forms for that camp. Forms will be available online starting Monday, March 2 at herndon-va.gov under **Parks and Recreation, Camps**.

Herndon Odyssey Age 6-11

Your child will make memories that last a lifetime! Prepare to be dazzled with a dose of the unexpected, a dash of outrageous uniqueness and a splash of our traditional camp favorites. A variety of activities are planned to promote active participation in team-building, enriching games, physical fitness, expanding imagination, building self-confidence and creating new friendships. Every day at camp brings a new adventure through a variety of programs such as cooking, nature, sports & games, crafts, music, science, technology and other team-building activities. Activities are designed around weekly themes complete with special guest performances and age-appropriate weekly field trips. Field trips are optional and there is an additional cost for each field trip. Herndon Odyssey provides a structured recreation curriculum that includes both indoor and outdoor activities. We support positive physical, intellectual, social and emotional development of all of our campers. Herndon Odyssey provides continuous opportunities for campers to learn in a safe environment, develop new friendships and have FUN! Bring a healthy lunch, water and a snack every day (no peanut/nut products). The following forms must be on file prior to participation: Camper Information and Pick-up Authorization. Forms and the Parent Handbook are available at the Herndon Community Center or online at herndon-va.gov; click on **Parks and Recreation**. Camp hours are M-F, 7:30am-6pm.

Parent/Camper Packets: Several camps have Parent Handbooks that include detailed program information. Parent Handbooks will be available online or if you prefer, request a paper version.

Camp Fees: Full payment is due at the time of registration.

Financial Assistance: Financial assistance is offered by waiving a percentage of the registration fee for programs (not including trips, daily admissions or passes to the Community Center) for those who meet federal financial qualifications for assistance. The fee waiver request form can be downloaded at herndon-va.gov, Parks and Recreation. The form needs to be submitted in-person with the proper identification. Please call 703-435-6800 x2107 for information.

Refund Cancellation Policy: Prior to enrolling, please read the department's refund policy, online at herndon-va.gov, **Parks and Recreation**. The policy is listed under "About Parks and Recreation, Frequently Asked Questions." Full refunds are issued if a camp is cancelled by department staff.

PARENT MEETING

Tuesday, June 16, 6:30pm at the Herndon Community Center. This meeting is for adults only.

Session I

14, 10.5 hour sessions TOH \$236/NR \$310
June 22-July 10 (No program 7/3)
186110.01

Session II

15, 10.5 hour sessions TOH \$251/NR \$330
July 13-31
186110.02

Session III

10, 10.5 hour sessions TOH \$176/NR \$230
August 3-14
186110.03



Preschool Play Camp

Themed activities include arts and crafts, music, drama, games and nature. Great staff and a low staff-participant ratio will further enhance a positive environment. Registration fee includes daily activities, T-shirt and weekly swim-n-splash day. Children must be potty-trained. Parents will be asked to provide a snack for one day for each session enrolled. Camp is licensed through the State of Virginia Social Services Department, which requires we see your child's original or a certified copy of the birth certificate or passport. Prior to the start of the program, the following forms need to be on file for your child to participate in the program: General Registration, Physical & Immunization Records, Authorization for Pick-up and Camper Information Forms. Forms will be available online or a paper version can be requested if you prefer.

PARENT MEETING PRESCHOOL PLAY CAMP (1/2 DAY AND FULL DAY)

Monday, June 15, 6:30pm at the
Herndon Community Center.
This meeting is for adults only.

Camp Themes

June 22-July 2 (No Program 7/3)

Desert and Savanna – Let's meet desert Dan and Savannah Sam and find out how they beat the heat.
August 3-17

Swamp, Wetland, River and Ponds – Wet and Wetter, come on in, the water is fine. Join us as we learn who is living under all of those rocks.
August 3-14

Arctic/Antarctic – Heroes of the cold, let's take a trip to Polar Bear Land and visit with our crafty penguin friends.
August 17-21

Coral Reef – Starfish, Red Fish, Big Fish, Blow Fish. Meet new friends in an amazing water wonderland.

Age 3-4 M-F 9:30am-12pm
(Must be 3 years old by May 1, 2015)

9, 2.5 hour sessions TOH \$103/NR \$137
June 22-July 2 (No program 7/3)
186000.11

10, 2.5 hour sessions TOH \$113/NR \$150
July 6-17
186000.12

10, 2.5 hour sessions TOH \$113/NR \$150
August 3-14
186000.13

5, 2.5 hour sessions TOH \$68/NR \$90
August 17-21
186000.14

Age 4-5 M-F 1-3:30pm

(Must be 4 years old by May 1, 2015)
9, 2.5 hour sessions TOH \$103/NR \$137
June 22-July 2 (No program 7/3)
186000.15

10, 2.5 hour sessions TOH \$113/NR \$150
July 6-17
186000.16

10, 2.5 hour sessions TOH \$113/NR \$150
August 3-14
186000.17

5, 2.5 hour sessions TOH \$68/NR \$90
August 17-21
186000.18

Preschool Play Camp Full Day

Join our Preschool Play Camp staff for an expanded daily session of fun, learning, imagination and crafts! We will explore the world around us and learn about the habitats of the world and how we can keep our world "green." Campers will have a one hour "nap time" daily and parents must pack a lunch and snack daily. Children must be potty-trained. As part of the program, each child will have the opportunity to take swim lessons with our aquatic staff. Camp is licensed through the State of Virginia Social Services Department, which requires we see your child's original or a certified copy of the birth certificate or passport. Prior to the start of the program, the following forms need to be on file for your child to participate in the program: General Registration, Physical & Immunization Records, Authorization for Pick-up and Camper Information Forms. Forms will be available online or a paper version can be requested if you prefer.

Age 4-5 M-F 9am-4pm

(Must be 4 years old by May 1, 2015)
5, 7 hour sessions TOH \$134/NR \$179
July 20-24 186000.19
July 27-31 186000.20



Teen Discovery Age 12-15

Teens will spend two full weeks with friends, while traveling to their favorite summer destinations. Each day promises a new adventure through field trips, games and activities. Bring a lunch, water bottle, bathing suit and towel daily. Cost includes supervision, van transportation and trip admissions. Starting and ending times will vary depending on the trip. There are different destinations each session. Teen Discovery requires independence and good judgment from the participants. Responsibility is an important element of the program, as teens are frequently permitted to experience activities in small groups on their own, checking in at designated times and locations. Program will not be held on July 3rd. M-F, 10am-5pm

PARENT MEETING

Tuesday, June 16, 7pm at the Herndon Community Center. This meeting is for adults only.

Session 1

Kings Dominion, Water Park, Paintball, National Zoo

9, 7 hour sessions TOH \$263/NR \$350
June 22-July 2 (No program 7/3)
186220.10

Session 2

Horseback Riding, Rebounderz, Laser Tag, Six Flags

10, 7 hour sessions TOH \$278/NR \$370
July 6-17
186220.11

Session 3

Kings Dominion, Nationals Game, Ropes Course, Tubing

10, 7 hour sessions TOH \$278/NR \$370
July 20-31
186220.12

Session 4

Rafting, Laser Tag, Aquarium, Six Flags

10, 7 hour sessions TOH \$278/NR \$370
August 3-14
186220.13

Early Bird

Need to get to Teen Discovery earlier? Camp is open with supervision for registered campers only. Campers will participate in games, crafts, and team-building activities as they prepare for each trip during the early bird care. M-F, 8:30-10am

Session 1

9, 1.5 hour sessions TOH \$34/NR \$45
June 22-July 2 (No program 7/3)
186221.10

Sessions 2-4

10, 1.5 hour sessions TOH \$38/NR \$50
July 6-17
186221.11
July 20-31
186221.12
August 3-14
186221.13



Nature Explorers Camp

Explore nature through hands-on activities and outdoor learning, utilizing senses to discover a joy and appreciation for nature! Each week, you will investigate a different theme, centered around science experiments, nature walks, art projects, environmental education and fun! Each day, campers should apply sunscreen and insect repellent prior to camp, wear closed-toe shoes, and bring a lunch, water bottle and a snack (please no peanut products). T-shirt included. Camp meets at Runnymede Park.

Age 5-7

5, 3 hour sessions TOH \$117/NR \$156
M-F 9am-12pm

“Rock” Your World

Rock & roll at Runnymede Park. Learn about the rocks and minerals that make up this wonderful park.

July 6-10

186310.09

Gross Encounters of the Runnymede Kind

Slugs, Snails & Slime—come have a great time! Dissect owl pellets, make your own slime and learn about the disgusting diets that some creatures have.

July 13-17

186310.10

Creature Feature

Each day will feature a different creature from Snakes to Bats–OH MY!

July 27-31
186310.11

“Weather” or Not

From Rain to Snow–or the wind that blows...this camp will help kids learn about the weather and what makes storms to beautiful clouds.

August 10-14
186310.12

Age 8-11

5, 7.5 hour sessions TOH \$149/NR \$199
M-F 9am-4:30pm
Includes Field Trip on Wednesday

The Life of the Native Americans

Learn how the Native Americans lived, the foods that they ate, crafts that they made and more.

July 20-24
186310.13

Creek Critters

Live in the creek for a week and learn about what inhabits the waters at Runnymede Park.

August 3-7
186310.14

DANCE CAMPS

Storybook Dance Camps

Dance camps are a multi-art experience, with daily craft projects, stories and videos based around each theme. Costumed performances and a small dance party will be held for parents on the last day of each camp. Send snack/lunch daily (no peanut products). Each week of camp, participants will swim at the community center's indoor pool Tuesday and Wednesday, 12-1pm. Please provide swimsuit and towel.

Lion King Hip-Hop Age 5-7

Influenced by Twyla Tharp's choreography, your child will continue their dance training in ballet and jazz, while concentrating on modern moves through hip-hop and basic tumbling! Themed crafts, stories and dance movies with emphasis on character creation will be part of their daily experience. Ballet slippers, jazz shoes, leotard, tights and shorts required.

9, 7 hour sessions TOH \$284/NR \$378
June 22-July 2 (No Program 7/3)
184000.15 M-F 9am-4pm

Under The Sea Age 3-4

Themed around *The Little Mermaid*, your child will learn pre-ballet technique, work on coordination through basic tumbling, and prepare dances to musical numbers from Disney's *The Little Mermaid*. Our littlest mermaids will enjoy story time and create themed craft projects that are sure to exercise their imagination each day! Ballet slippers, leotard and tights required.

10, 5 hour sessions TOH \$225/NR \$300

July 6-17

184000.13

M-F

9am-2pm

Cinderella Age 5-10

Designed around the classic fairy tale *Cinderella*, your dancer will learn the basic techniques of ballet and tap, while improving coordination through tumbling. Daily art projects will provide stimulation and an outlet for developing imaginations. Ballet slippers, tap shoes, leotard and tights required. Will walk to the Farmers Market Children's performances on 7/23 and 7/30 (send shorts/T-shirt/sneakers).

10, 7 hour sessions TOH \$315/NR \$420

July 20-31

184000.14

M-F

9am-4pm

Dancing Fairies Age 3-4

Join a world where butterflies, flowers, gnomes and dragonflies flourish and fairies rule. This storybook camp is built around this theme, where our youngest dancers can exercise their imaginations to the fullest, while exercising their balance and coordination through pre-ballet and basic tumbling. We will walk to the Farmers Market Children's Performances on 8/6 and 8/12 (send shorts/T-shirt/sneakers). Ballet slippers, leotard and tights required.

10, 5 hour sessions TOH \$225/NR \$300

August 3-14

184000.11

M-F

9am-2pm

Dancing Princess Age 4-8

Your own princess will work on the fundamentals of ballet, tap and tumbling. Camp is based around classic princesses from the Ballet such as: Odette, Aurora and Clara, as well as the Disney princesses. Ballet slippers, tap shoes, leotard and tights required. Will walk to the Farmers Market Children's performance on 8/20 (send shorts/T-shirt/sneakers).

10, 6 hour sessions TOH \$270/NR \$360

August 17-28

184000.12

M-F

9am-3pm



SPECIALTY CAMPS

Engineering with LEGO®

Let your imagination run wild with over 100,000 pieces of LEGO®! In this funfilled, creative class, participants learn building techniques that help make their ideas a reality, with the guidance of an experienced Play-Well TEKologies instructor. Instructors demonstrate new projects daily, and provide inspiration for participants to take their creations further. Please bring a snack/drink each day.

5, 3 hour sessions TOH \$159/NR \$199 M-F
August 17-21

Age 5-6
186410.11 9am-12pm

Age 7-11
186410.12 1-4pm

SPORTS CAMPS

Happy Feet Soccer

It's story time with a soccer ball! Stories, songs, nursery rhymes and fun games are adapted to incorporate a soccer ball and basic motor skills development. Kid-friendly curriculum is used to ensure kids are having an absolute blast while developing essential physical skills. In a noncompetitive environment, instructors use fun techniques to train advanced motor skills, dynamic dribbling, shooting skills and fitness.

Age 3-4
5, 45 minute sessions TOH \$45/NR \$59 M-F

July 13-17
187000.11 9-9:45am

August 3-7
187000.12 9-9:45am

Age 5-6
5, 1 hour sessions TOH \$45/NR \$59 M-F

July 13-17
187000.14 10-11am

August 3-7
187000.15 10-11am

Nova Legend Soccer Age 6-12

Don't miss an opportunity to continue development of fundamental soccer skills including dribbling, passing, shooting and ball control. Skills for more advanced players will include offensive and defensive strategy. Days will consist of a warm-up, conditioning drills, and fun soccer-related games using your developing skills. Scrimmages and games will also continue to aid in the player's development. Bring a soccer ball labeled with child's first and last name.

5, 3 hour sessions TOH \$132/NR \$176
July 20-24
187100.10 M-F 9am-12pm

Basketball Age 6-12

Whether you're new to the game or simply looking to improve your skills, this is the perfect program for you. Emphasis will be placed on basic fundamentals, including shooting, passing, rebounding and defense. Develop the ability to work as a team and exhibit good sportsmanship. Instruction provided by Amazing Athletes.

5, 2 hour sessions TOH \$90/NR \$120
August 10-14
187210.10 M-F 9-11am

Sport Sampler

Enhance your child's hand-eye coordination, gross motor skills and confidence through a sampling of sports. They will play soccer, T-ball/baseball, kickball, golf, parachute games, and a whole lot of other fun games in between. Emphasis will be on teamwork and good sportsmanship. Instruction provided by Amazing Athletes.

Age 3-4
5, 30 minute sessions TOH \$30/NR \$40

July 20-24
187400.10 M-F 10:35-11:05am

August 3-7
187400.11 M-F 10:35-11:05am

Age 5-6
5, 1.5 hour sessions TOH \$60/NR \$80

July 20-24
187400.12 M-F 9-10:30am

August 3-7
187400.13 M-F 9-10:30am

Multi-Sport Age 7-11


Amazing Athletes provides a unique, tried and proven, fun-filled sports program that incorporates physical fitness, muscle tone, and gross motor skills while learning and playing in the following sports: soccer, hockey, football, basketball, baseball, volleyball, golf and lacrosse. A fun and positive learning experience that will help your child develop the basic fundamentals of sports, as well as instilling self-confidence, good sportsmanship and team pride.

5, 3 hour sessions TOH \$120/NR \$160
July 27-31
187510.10 M-F 9am-12pm



Table Tennis Age 5-12

Want to learn more about table tennis? This camp will focus on hand-eye coordination, ready position, and the basics in ping-pong grips and strokes. Participants will be divided into age groups, and a ping-pong machine will be used to reinforce the correct stroke. Please bring a snack (no peanut products) and drink each day. Swimming will be provided two times during the week and parents will be given a schedule on the first day of camp.

5, 3 hour sessions	TOH \$135/NR \$180	M-F
July 6-10	1-4pm	
187910.10		
July 27-31	1-4pm	
187910.11		

Tennis

Camps are held at the Bready Park Tennis Complex at the Herndon Community Center, Monday-Thursday, with Friday reserved as a makeup day. Bring water bottle and a snack (no peanut products) each day. T-shirt included. Pee Wee camp participants are only required to bring their own mini-racquets. Other equipment will be provided. Instructor-student ratio is six to one. For ages 8-15, participants must provide own racquet and one can of new tennis balls. Instructor-student ratio is eight to one.

Age 4-5

One is never too young to learn the game of a lifetime sport. We will help your child learn the basic tennis fundamentals by using creative games, skill learning and teaching techniques.

4, 30 minute sessions TOH \$32/NR \$43
M-Th 9:45-10:15am

June 22-25

188400.10

July 6-9

188400.11

July 13-16

188400.12

July 20-23

188400.13

July 27-30

188400.14

August 3-6

188400.15



Age 6-7

4, 30 minute sessions TOH \$32/NR \$43
M-Th 10:20-10:50am

June 22-25

188510.10

July 6-9

188510.11

July 13-16

188510.12

July 20-23

188510.13

July 27-30

188510.14

August 3-6

188510.15



Age 8-15

Designed for all levels and taught by our highly trained instructors. Grouped by ability, each camp features comprehensive on- and off-court instruction, skill learning, games, and practice matches.

8, 2 hour sessions TOH \$77/NR \$102
M-Th

July 6-16

188610.10 8-10am

188610.11 10:15am-12:15pm

July 20-30

188610.12 8-10am

188610.13 10:15am-12:15pm

August 3-13

188610.14 8-10am

188610.15 10:15am-12:15pm



GYMNASTICS CAMPS

Munchkateer Age 3-5

This innovative movement program for children combines fitness, elementary gymnastics, games, and arts and crafts. The program develops your child's large motor coordination skills, strength, flexibility and imagination. Plus they will have a great time! Children should be ready for group instruction.

5, 3 hour sessions
M-F

TOH \$68/NR \$90

9am-12pm

June 13-17

188000.00

July 27-31

188000.01

August 10-14

188000.02

**SEE BACK COVER
FOR MORE
GYMNASTICS CAMPS**

4TH OF JULY CELEBRATION WITH A SMALL-TOWN FEEL

Join us at Bready Park for entertainment, old-fashioned games, and a fireworks display choreographed to music.

7pm Entertainment and Activities

9:30pm Fireworks

Free Admission. Fee for food and drinks.



Girls Gymnastics Age 6-13

Missed the chance to take gymnastics during the school year or want to improve and stay on top of your skills? Participate in floor exercises, beam, uneven bars, parallel bars and vault. Qualified staff and small student-teacher ratio provide individualized and higher quality instruction. Family members and friends are invited to a demonstration of new and/or improved skills on the last day of camp. T-shirt included. We will swim two times during the week. Each day bring a snack/drink (no peanut products). We are pleased to offer an extended day program for parents who need a bit more time before picking up their children from camp. Register below for Extended Care which will be provided by summer day camp staff at HCC. Participants will join the summer day camp program already in progress.

5, 6 hour sessions

TOH \$135/
NR \$180

M-F
9am-3pm

July 20-24
188110.20
August 3-7
188110.22

Extended Care

5, 3 hour sessions
M-F
3-6pm
TOH \$60/NR \$60

July 20-24
188110.21
August 3-7
188110.23

Acro Gymnastics Age 6-13

Learn elements of jazz and hip-hop with a focus on tumbling, choreographed to upbeat music. An opportunity to participate in floor exercise, bars, balance beam, vault, dance, swimming (optional), arts and crafts, and games. We will swim two times during the week. Bring a lunch, snack and a large T-shirt for crafts. We are pleased to offer an extended day program for parents who need a bit more time before picking up their children from camp. Register below for Extended Care, which will be provided by summer day camp staff at HCC. Participants will join the summer day camp program already in progress.

5, 6 hour sessions

TOH \$135/
NR \$180

M-F
9am-3pm

July 6-10
188310.20
August 17-21
188310.22

Extended Care

5, 3 hour sessions
M-F
3-6pm
TOH \$60/NR \$60

July 6-10
188310.21
August 17-21
188310.23



**Town of Herndon
Parks and Recreation**

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herndon-va.gov

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